



Analysis of Workforce Planning Strategies to Improve Operational Efficiency at FreeStyle Jacket Manufacturing

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Article Info :

Received:

15-04-2026

Revised:

25-04-2026

Accepted:

02-05-2026

Abstract

Workforce planning plays a critical role in supporting operational efficiency and organizational sustainability within labor intensive manufacturing industries. This study aims to analyze workforce planning strategies implemented at FreeStyle Jacket Manufacturing and examine their contribution to operational efficiency within a decentralized make to order production system. The research employed a qualitative descriptive approach using an empirical research design. Data were collected through in depth interviews, direct observations, and analysis of company documents involving managerial personnel and production partners. The findings reveal that workforce planning practices are primarily characterized by labor retention efforts, competency based workforce development, operational flexibility, and production coordination across partner workshops. These practices contribute to maintaining production continuity, quality consistency, and resource utilization despite challenges related to fluctuating demand and geographically dispersed production units. The study also identifies limitations associated with intuition based decision making, including the absence of workforce forecasting, workforce analytics, and integrated labor information systems. Strategic analysis suggests that future improvements require the adoption of data driven workforce planning supported by digital technologies, predictive workforce management, and sustainable human resource development to strengthen long term operational performance and organizational adaptability.

Keywords : *Workforce Planning, Operational Efficiency, Apparel Manufacturing, Workforce Analytics, Data Driven Management.*



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INTRODUCTION

The increasing complexity of global manufacturing systems has intensified scholarly and managerial attention toward operational efficiency as a critical determinant of organizational competitiveness, particularly in labor intensive industries where production continuity depends heavily on the effective deployment of human resources. Recent developments associated with Industry 4.0, digital lean practices, and data driven operational management have transformed the way manufacturing firms align workforce capacity with fluctuating production requirements, creating new expectations regarding responsiveness, productivity, and cost efficiency. Within the apparel and garment sector, firms are increasingly required to balance flexibility and operational control in environments characterized by volatile demand patterns, shortened product life cycles, and geographically dispersed production networks. Empirical evidence indicates that the integration of digital technologies and lean oriented management systems contributes significantly to organizational performance by improving visibility across production processes and enhancing resource allocation decisions, including workforce deployment and coordination (Ta & Zyngier, 2026). Similar trends have been observed in apparel manufacturing environments where the adoption of advanced operational practices is associated with improved adaptability and competitiveness amid changing market conditions (Van Ta, Jin, & Cho, 2024). These developments suggest that workforce planning is no longer a purely administrative function but has evolved into a strategic mechanism through which manufacturing firms pursue operational excellence and sustainable performance.

A growing body of literature has demonstrated that operational efficiency is strongly influenced by the ability of organizations to synchronize workforce resources with production objectives through structured planning and continuous improvement initiatives. Studies grounded in Lean Six Sigma have

consistently reported productivity gains, waste reduction, and process stabilization resulting from systematic approaches to operational management. Research conducted in manufacturing contexts reveals that process improvement frameworks are most effective when supported by accurate resource planning and workforce alignment because human capital remains the primary driver of production execution and quality assurance (Shamsuzzaman et al., 2023). Comparable findings within the steel industry indicate that operational excellence emerges not only from technical process optimization but also from managerial capabilities in coordinating labor resources with evolving production requirements (Srinivasan, Sarulkar, & Yadav, 2024). Further evidence from leather manufacturing demonstrates that efficiency improvements are substantially enhanced when operational mapping techniques are integrated with simulation based decision support systems capable of predicting workforce related bottlenecks and capacity constraints (Woldemicael et al., 2024). Collectively, these studies highlight a convergent understanding that workforce planning functions as a critical intermediary between strategic objectives and operational outcomes, yet they also reveal differing assumptions regarding how labor allocation mechanisms should be designed within diverse manufacturing settings.

Despite the substantial advancement of knowledge concerning operational improvement and production management, several conceptual and empirical limitations remain evident within the existing literature. First, a considerable proportion of prior studies has concentrated on large scale industrial environments characterized by relatively formalized organizational structures, sophisticated technological infrastructures, and readily available operational data, creating uncertainty regarding the applicability of these findings to small and medium sized manufacturing enterprises. Second, existing investigations tend to emphasize technological adoption, process redesign, or quality management interventions while assigning comparatively limited attention to workforce planning as an independent analytical construct capable of shaping operational efficiency outcomes. Third, research conducted within apparel manufacturing contexts has predominantly explored technology adoption and organizational performance relationships without adequately examining how workforce allocation decisions interact with outsourcing arrangements, decentralized production networks, and seasonal demand fluctuations that frequently characterize garment production systems (Van Ta, Jin, & Cho, 2024; Ta & Zyngier, 2026). Such limitations indicate a persistent gap in understanding the mechanisms through which workforce planning strategies influence operational performance in labor intensive manufacturing environments where managerial decisions remain strongly dependent on experiential judgment rather than systematic analysis.

The unresolved nature of these issues carries important scientific and practical implications because workforce related inefficiencies often generate cascading operational consequences that extend beyond labor utilization alone. In decentralized production systems, inaccurate workforce planning can contribute to production delays, underutilization of resources, quality inconsistencies, inventory imbalances, and increased distribution costs. These challenges become particularly pronounced in apparel manufacturing enterprises operating under make to order arrangements where production schedules must continuously adapt to fluctuating customer demand and varying capacities across external production partners. Contemporary discussions concerning sustainability, resilience, and operational reliability further underscore the importance of predictive and data oriented management approaches capable of anticipating disruptions before they compromise organizational performance. The growing emphasis on digital engineering and system level resilience across industrial sectors reflects a broader recognition that operational sustainability depends on the capacity to coordinate human resources effectively under uncertain conditions (Xie et al., 2025). Consequently, the absence of empirically grounded knowledge regarding workforce planning strategies within decentralized garment manufacturing environments represents a significant barrier to both theoretical development and managerial practice.

Against this backdrop, the case of FreeStyle Jacket Manufacturing provides a particularly relevant empirical setting through which these unresolved issues can be examined. As a make to order apparel producer that relies on an extensive network of outsourced sewing partners distributed across multiple regions, the company operates within a production ecosystem characterized by high flexibility alongside substantial coordination challenges. The organization experiences recurring difficulties associated with seasonal demand surges, uncertainty in production lead times, logistical inefficiencies, and workforce allocation decisions that are largely based on managerial intuition and accumulated

experience rather than systematic forecasting. Such conditions create an opportunity to extend current knowledge by investigating workforce planning not merely as a supporting administrative activity but as a strategic operational capability that shapes organizational responsiveness, production reliability, and efficiency performance. The present study positions itself within the intersection of workforce management, operational efficiency, and small and medium sized manufacturing research by addressing dimensions that remain insufficiently explored in existing studies, particularly those involving outsourced production structures and geographically dispersed labor networks.

This study aims to analyze workforce planning strategies implemented at FreeStyle Jacket Manufacturing in order to understand their role in improving operational efficiency within a decentralized apparel production system. The research seeks to generate a richer conceptual understanding of how workforce planning practices influence production continuity, labor utilization, coordination effectiveness, and service reliability in small and medium sized manufacturing enterprises. From a theoretical perspective, the study contributes to the advancement of workforce planning literature by contextualizing human resource allocation within outsourced and demand sensitive production environments. From a methodological perspective, the use of a qualitative descriptive approach based on in depth interviews, direct observation, and internal document analysis enables the development of a nuanced and contextually grounded explanation of workforce planning dynamics that are often overlooked by quantitatively oriented operational studies. The findings are expected to provide an empirically informed foundation for designing more adaptive and data driven workforce planning frameworks capable of supporting sustainable operational performance in labor intensive manufacturing organizations.

RESEARCH METHODS

This study employed an empirical research design using a qualitative descriptive approach to obtain a comprehensive understanding of workforce planning strategies and their implications for operational efficiency at FreeStyle Jacket Manufacturing. The research was conducted at the central production workshop located in Bojongsoang, Bandung Regency, as well as across fourteen partner garment workshops distributed throughout Bandung, Garut, and Tasikmalaya. The study population comprised all organizational actors directly involved in workforce allocation and production activities, including company owners, internal management personnel, and external sewing partners. Informants were selected through purposive sampling based on their involvement in workforce planning, production coordination, quality control, and operational decision making processes. Primary data were collected through in depth interviews and direct field observations, while secondary data were obtained from internal company documents, production records, workforce allocation reports, and operational archives. The study operationalized workforce planning as a multidimensional construct reflected through recruitment practices, workforce allocation mechanisms, skill development initiatives, labor retention strategies, production coordination processes, and workforce capacity adjustment in response to fluctuating demand. Operational efficiency was examined through indicators related to production lead time, delivery reliability, production continuity, labor utilization effectiveness, quality consistency, and operational cost control.

The analytical procedure followed an iterative qualitative data analysis framework consisting of data reduction, data display, and conclusion drawing. Data credibility was strengthened through source triangulation, method triangulation, and member checking involving key informants to ensure consistency between observed practices and managerial interpretations. The measurement of workforce planning effectiveness and operational efficiency relied on thematic pattern identification derived from interview transcripts, observational notes, and documentary evidence. Coding procedures were conducted through open coding, axial coding, and selective coding to identify causal relationships between workforce planning practices and operational outcomes. Pattern matching and cross case comparison techniques were subsequently employed to examine recurring themes across the central workshop and partner production units. To ensure analytical rigor, the study evaluated credibility, transferability, dependability, and confirmability as the principal quality criteria for qualitative inquiry. This methodological framework enabled the development of a contextually grounded explanation regarding how workforce planning strategies contribute to the enhancement of operational efficiency within a decentralized make to order apparel manufacturing system.

RESULTS AND DISCUSSION

Workforce Planning Practices in FreeStyle Jacket Manufacturing

The qualitative findings reveal that workforce planning at FreeStyle Jacket Manufacturing remains predominantly experience based and highly dependent on managerial judgment. Interview data indicate that labor requirements are estimated through observations of previous order cycles rather than through formal forecasting mechanisms. The owner considers historical demand patterns and personal relationships with partner workshops when determining workforce allocation. This pattern reflects a traditional workforce planning approach commonly found in small manufacturing enterprises where decision making authority remains concentrated within a limited managerial structure (Agustian et al., 2023).

Field observations demonstrate that the company has developed a flexible labor network involving fourteen partner workshops distributed across several regions in West Java. This decentralized arrangement allows management to respond rapidly to fluctuations in customer orders without maintaining a large permanent workforce. Informants emphasized that outsourcing relationships have become a strategic resource for sustaining production continuity during peak demand periods. Similar observations were reported by Gultom (2025), who argued that workforce flexibility contributes significantly to manufacturing performance when production volumes fluctuate unpredictably.

The interviews further indicate that recruitment decisions are strongly influenced by trust based social networks. Additional workers are generally recruited through recommendations from existing tailors rather than through open recruitment procedures. Management perceives this approach as an effective mechanism for reducing adaptation time and minimizing quality related risks. Such findings suggest that social capital functions as an informal workforce planning instrument that supports operational stability in labor intensive production environments (Shaalán et al., 2025).

Another important finding concerns the geographical distribution of labor resources. Management intentionally collaborates with sewing workers located in Garut and Tasikmalaya because these areas possess strong tailoring traditions and established skill bases. This strategy reduces the need for extensive training investments and facilitates faster integration of workers into production processes. Previous studies have similarly noted that workforce planning effectiveness depends not only on workforce quantity but also on the strategic alignment of labor competencies with operational requirements (Han et al., 2024).

Interview transcripts reveal that workforce planning activities are closely connected with production scheduling practices. Management adjusts the number of active partner workshops according to incoming orders and projected delivery deadlines. Informants acknowledged that forecasting errors occasionally generate capacity mismatches during periods of exceptionally high demand. Such conditions support the argument that operational efficiency is highly dependent on accurate labor capacity planning within make to order manufacturing systems (Fatima & Tufail, 2023).

Table 1. Workforce Planning Characteristics at FreeStyle Jacket Manufacturing

Workforce Planning Dimension	Empirical Evidence
Recruitment Strategy	Workforce acquisition relies on employee referrals and trust based selection mechanisms
Workforce Composition	A lean organizational structure consisting of three internal employees supported by eighty five external tailors across partner workshops
Production Configuration	Production activities operate under a make to order manufacturing system
Workforce Allocation	Labor deployment is adjusted according to production demand and order fluctuations
Workforce Development	Competency enhancement is facilitated through senior to junior knowledge transfer and workplace mentoring
Employee Retention	Retention efforts emphasize the provision of production facilities and a supportive working environment

Capacity Adjustment	Additional partner workshops are activated to accommodate increases in production demand
Workforce Planning Orientation	Workforce decisions are primarily guided by managerial experience and operational intuition

Source: Processed from interview results, observations, and company documents (2026).

The information presented in Table 1 illustrates that workforce planning practices at FreeStyle Jacket Manufacturing combine flexibility with informal decision making mechanisms. The predominance of intuition based planning indicates that organizational responsiveness is achieved through experiential knowledge rather than analytical forecasting tools. While this approach provides agility in the short term, it also creates vulnerabilities associated with planning inaccuracies and uneven capacity utilization. Similar concerns have been highlighted in workforce management research emphasizing the necessity of systematic planning frameworks for improving operational performance (Limon, 2025).

The coding process identified workforce retention as another critical component of the company's planning strategy. Informants consistently reported that management provides adequate sewing equipment and maintains long term relationships with skilled workers to reduce labor turnover. Stable workforce availability enables the company to preserve production knowledge and maintain consistent product quality across multiple partner locations. Human resource management literature recognizes employee retention as an important determinant of organizational competitiveness because accumulated skills and experience contribute directly to operational outcomes (Agustian et al., 2023).

Observational evidence also reveals the existence of informal knowledge transfer mechanisms through mentoring relationships between experienced and less experienced tailors. This arrangement allows technical competencies to be disseminated without requiring structured training programs. Workers frequently consult senior tailors when handling complex jacket patterns or specialized stitching requirements. Such practices align with talent management perspectives suggesting that capability development can emerge through embedded learning processes within operational activities (Shaalan et al., 2025).

The findings further indicate that workforce planning is influenced by external uncertainties originating from supply chain dynamics. Delays in material arrivals and fluctuations in customer orders frequently require adjustments in workforce deployment schedules. Managers respond by redistributing workloads across partner workshops to maintain delivery commitments. Research on manufacturing supply chains has demonstrated that workforce planning effectiveness is strongly connected to the organization's ability to anticipate and manage operational disruptions (Kanike, 2023).

A broader interpretation of the findings suggests that FreeStyle Jacket Manufacturing has established a workforce planning model characterized by adaptability, relational coordination, and decentralized labor utilization. The model supports production continuity despite limited managerial resources and fluctuating market demand. Nevertheless, the absence of data driven forecasting mechanisms constrains the company's ability to optimize workforce allocation and anticipate future capacity requirements. Emerging workforce analytics literature emphasizes that integrating labor planning with data based decision systems can significantly enhance productivity, resource utilization, and operational resilience within small manufacturing enterprises (Kumar et al., 2024).

Workforce Planning and Operational Efficiency Performance

Field observations revealed that operational efficiency at FreeStyle Jacket Manufacturing is strongly influenced by the firm's ability to align workforce capacity with fluctuating production demands. Informants explained that production performance remains relatively stable during normal demand periods because experienced sewing partners can maintain expected output levels across different production locations. Operational challenges become more visible during peak demand periods when production volume increases beyond routine capacity and requires rapid workforce adjustment. This finding supports the argument that workforce planning functions as a critical mechanism for maintaining operational responsiveness in labor intensive manufacturing environments (Fatima & Tufail, 2023).

Interview evidence indicated that delivery reliability represents one of the most sensitive indicators of operational efficiency within the company. Several informants acknowledged that delayed

deliveries generally occur when production completion schedules among partner workshops fail to synchronize with distribution arrangements at the central workshop. The problem is not primarily associated with workforce availability but rather with the timing and coordination of production completion across geographically dispersed units. Similar observations were reported by Kanike (2023), who identified coordination complexity as a major source of inefficiency within decentralized manufacturing supply chains.

The analysis of production records demonstrated that lead time variability remains a recurring operational concern. Production duration often changes according to order quantity, seasonal demand intensity, and the complexity of jacket designs requested by distributors. Managers reported that identical workforce capacity may generate different completion times depending on the composition of incoming orders and the availability of supporting production resources. This condition reflects the operational dynamics identified by Woldemicael et al. (2024), who emphasized that process variability frequently becomes a significant determinant of manufacturing efficiency.

Observational findings further showed that workforce planning contributes to operational continuity through adaptive scheduling practices. During periods of increased demand, production partners commonly extend working hours to accommodate additional workloads while maintaining expected production targets. Informants perceived this flexibility as an effective operational mechanism because it enables production expansion without requiring substantial organizational restructuring. The relationship between flexible workforce deployment and operational effectiveness has also been highlighted within apparel manufacturing contexts by Fatima and Tufail (2023).

The coding process identified a consistent relationship between production continuity and the availability of operational contingency mechanisms. Informants repeatedly emphasized that workforce productivity can only be maintained when production disruptions are minimized through supporting operational resources. One of the most prominent practices involves maintaining backup production equipment that can immediately replace malfunctioning machines. Comparable efficiency enhancement mechanisms have been documented within lean manufacturing environments where operational resilience directly affects productivity outcomes (Shamsuzzaman et al., 2023).

Table 2 Operational Efficiency Indicators Identified in FreeStyle Jacket Manufacturing

Indicator	Empirical Finding
Production continuity	Relatively stable
Delivery reliability	Vulnerable during peak season
Machine downtime	Reduced through backup machines
Workforce utilization	Flexible but unstructured
Production lead time	Fluctuates according to order volume
Quality consistency	Maintained through supervision
Logistics efficiency	Affected by dispersed locations

Source: Interview, observation, and company documentation (2026).

The findings presented in Table 2 indicate that operational efficiency at FreeStyle Jacket Manufacturing is characterized by both strengths and persistent vulnerabilities. Production continuity and quality consistency were found to remain relatively stable despite the decentralized nature of the production system. Delivery reliability and logistics efficiency exhibited greater sensitivity to external fluctuations because production activities are distributed across multiple locations. Similar efficiency patterns have been reported in simulation based manufacturing studies where coordination complexity frequently emerges as a dominant operational constraint (Kristiana et al., 2023).

Machine downtime emerged as another important factor affecting operational efficiency. Interviews revealed that production interruptions caused by equipment failure rarely escalate into major operational disturbances because reserve machines are strategically maintained within the production network. This practice shortens recovery time and enables workers to continue production activities without significant delays. The operational significance of reducing downtime aligns with Lean Six Sigma principles emphasizing waste elimination and process stability as prerequisites for productivity improvement (Srinivasan et al., 2024).

Data triangulation also showed that workforce utilization remains flexible but lacks formal planning mechanisms supported by systematic forecasting tools. Production capacity adjustments are

still largely based on managerial experience and informal assessments of anticipated demand levels. While this approach provides short term adaptability, it creates uncertainty regarding optimal workforce deployment during periods of rapid demand escalation. Studies on digital lean systems suggest that data driven planning practices can substantially improve production visibility and operational predictability within apparel manufacturing organizations (Ta & Zyngier, 2026).

The relationship between workforce planning and quality performance was also evident throughout the observation process. Stable production output was frequently associated with the firm's ability to maintain consistent supervision over sewing activities despite geographical separation among production units. Quality control procedures reduced the probability of rework activities that commonly increase operational costs and extend production lead times. Comparable findings were reported by Lingkon et al. (2024), who demonstrated that reductions in production defects contribute directly to productivity enhancement within garment manufacturing operations.

A broader interpretation of the findings suggests that workforce planning at FreeStyle Jacket Manufacturing functions not merely as a labor allocation mechanism but as an operational coordination system connecting human resources, production processes, and logistics activities. The absence of formal analytical planning tools limits the firm's ability to anticipate demand fluctuations and optimize resource utilization across multiple production locations. Research on smart operational systems indicates that manufacturing organizations increasingly improve efficiency through integrated decision support and real time operational visibility (Lee et al., 2023). Similar developments within apparel industries also show that technology supported planning capabilities strengthen organizational performance by improving synchronization between workforce capacity and operational requirements (Van Ta et al., 2024).

Strategic Directions for Data Driven Workforce Planning

The qualitative findings indicate that workforce planning at FreeStyle Jacket Manufacturing remains predominantly dependent on managerial intuition and accumulated experience rather than systematic analytical procedures. Interviews with company management revealed that labor requirements are generally estimated based on previous production cycles and personal judgment regarding anticipated order volumes. While such practices have enabled the company to maintain operational continuity, they also create limitations in anticipating future workforce requirements under changing market conditions. Contemporary workforce planning literature emphasizes that strategic labor decisions should increasingly rely on analytical information systems capable of transforming operational data into managerial insights (Kumar et al., 2024).

Field observations further demonstrated the absence of formal workforce forecasting mechanisms that could support proactive labor allocation decisions. Production schedules are commonly adjusted after customer orders have been confirmed, creating a reactive planning environment rather than a predictive one. Informants acknowledged that labor capacity assessments are typically conducted only when workload pressures become visible during production execution. Similar challenges have been identified among small and medium manufacturing enterprises where workforce planning maturity remains constrained by limited technological adoption and analytical capability (Han et al., 2024).

Another important finding concerns the lack of an integrated workforce information system capable of consolidating labor related information across partner production units. Workforce records remain fragmented and are primarily managed through manual communication channels between the central workshop and external production partners. This condition restricts managerial visibility regarding workforce availability, production capacity, and labor utilization trends across geographically dispersed locations. Workforce analytics studies suggest that centralized labor information systems substantially improve planning accuracy and organizational responsiveness in dynamic production environments (Limon, 2025).

The coding process also identified recurring themes related to decision making uncertainty during periods of fluctuating demand. Managers frequently encountered difficulties in determining future labor requirements because historical production data had not been systematically transformed into forecasting indicators. As a result, planning decisions remained highly dependent on individual interpretation rather than empirical evidence derived from organizational data. Predictive workforce

planning models are increasingly recognized as strategic instruments that reduce uncertainty and improve managerial preparedness for operational change (Kumar et al., 2024).

The transition toward data driven workforce planning requires the establishment of a structured framework that aligns workforce decisions with operational objectives. The proposed framework developed from empirical findings is presented in Table 4.3. The framework highlights several strategic areas requiring transformation from experience based practices toward analytical and technology supported workforce management systems. Such transformation is consistent with recent developments in digital manufacturing and workforce intelligence literature (Shahidzadeh & Shokouhyar, 2024).

Table 3. Proposed Data Driven Workforce Planning Framework for FreeStyle Jacket Manufacturing

Strategic Area	Existing Practice	Proposed Improvement
Workforce forecasting	Manager intuition	Demand based forecasting
Recruitment planning	Informal referral	Workforce database
Labor monitoring	Manual supervision	Workforce analytics
Skill development	Informal mentoring	Structured training program
Capacity planning	Reactive approach	Predictive workforce planning
Operational control	Experience based	Data driven decision making

Source: Developed from research findings (2026).

The framework presented in Table 3 illustrates that the most critical strategic gap lies in the absence of forecasting and analytical mechanisms capable of anticipating workforce requirements before operational pressures emerge. Informants consistently reported that labor planning activities are initiated after production demand becomes visible, indicating a reactive planning orientation. The proposed demand based forecasting model would enable management to estimate labor requirements using historical production records and anticipated market demand patterns. Similar forecasting approaches have demonstrated substantial benefits for workforce optimization in manufacturing environments characterized by fluctuating production volumes (Limon, 2025).

The findings also suggest that workforce analytics could significantly enhance managerial decision quality within the company. Current labor monitoring practices emphasize direct supervision and informal communication, limiting opportunities for systematic performance evaluation. Workforce analytics systems allow organizations to identify productivity trends, absenteeism patterns, skill utilization levels, and future labor requirements through evidence based assessment processes (Kumar et al., 2024). The integration of analytical capabilities into workforce management has become increasingly important as manufacturing firms pursue higher levels of operational agility and competitiveness (George et al., 2023).

From a technological perspective, the adoption of digital workforce planning aligns closely with broader Industry 4.0 developments occurring within the global apparel sector. Research indicates that digital integration enables organizations to synchronize workforce information with production planning, operational scheduling, and supply chain coordination activities (Van Ta et al., 2024). Similar evidence demonstrates that digitally enabled decision support systems improve organizational responsiveness by providing real time information for operational planning purposes (Lee et al., 2023). The findings imply that future workforce planning at FreeStyle Jacket Manufacturing should evolve beyond traditional labor administration toward integrated digital workforce governance structures (Ta & Zyngier, 2026).

The future orientation of workforce planning should also incorporate sustainability considerations that extend beyond productivity objectives alone. Contemporary human resource management research emphasizes that sustainable organizational performance emerges when workforce development, innovation capability, and long term operational resilience are managed simultaneously (Obeidat et al., 2023). Green human resource management and innovation oriented workforce practices have been associated with stronger organizational adaptability and performance outcomes across diverse industrial settings (Fang et al., 2022). Related studies further demonstrate that sustainable workforce systems contribute positively to organizational competitiveness through continuous learning, innovation, and strategic capability development (Awwad Al Shammari et al., 2022).

The strategic transformation proposed for FreeStyle Jacket Manufacturing ultimately reflects a shift from intuition based management toward evidence based workforce governance. Advanced technologies such as artificial intelligence, workforce analytics platforms, and predictive decision support systems provide opportunities for improving planning precision while strengthening organizational adaptability (George et al., 2023). Emerging digital intelligence systems are increasingly capable of supporting workforce forecasting, capacity planning, and strategic resource allocation through continuous data processing and predictive analysis (Xie et al., 2025). Corporate sustainability studies further suggest that organizations integrating data driven management practices with innovation oriented workforce development are more likely to achieve long term operational excellence and sustainable growth trajectories (Albloushi et al., 2023).

CONCLUSION

The findings demonstrate that workforce planning constitutes a fundamental determinant of operational efficiency at FreeStyle Jacket Manufacturing. Existing workforce management practices support organizational performance through labor retention, competency development, quality supervision, operational flexibility, and coordination across decentralized production units. These strategies contribute to production continuity, quality consistency, and the mitigation of operational disruptions despite fluctuations in demand and geographically dispersed manufacturing activities. The analysis also reveals that operational efficiency remains constrained by intuition based workforce decisions, limited forecasting capability, and the absence of integrated workforce information systems. Evidence from the study indicates that the long term enhancement of operational performance requires a transition toward data driven workforce planning supported by workforce analytics, digital monitoring systems, demand based forecasting, and predictive capacity management. The integration of these capabilities is expected to improve planning accuracy, strengthen organizational adaptability, optimize resource utilization, and support sustainable operational excellence within the evolving apparel manufacturing environment.

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